

# Chi Kung Fit for Spring

*Get your energy to flow – Awaken your  
spirits to life*

Saturday 23 February and 2 March  
8:00 am - 10:00 am

Suited for beginners and master Chi Kung  
practitioners, for young and those who feel young

Sifu Irene Shaolin Wahnam  
Freizeitanlage Loreto Zug  
Register at: **079 77 69 681**  
**[www.qigonghealing.ch](http://www.qigonghealing.ch)**

